



PRESTIGE Learning Center

MEALTIME

At PRESTIGE Learning Center, nutrition is about more than the food on the plate. It's an important part of our educational model. Our young learners set the table with their friends, practice "please" and "thank you," and serve themselves from big bowls. (We don't mind a little mess.)

We offer family-style dining, this approach builds an I-can-do-it-myself confidence and puts love on the table, along with good food. We hope you'll join us for lunch with your kids—anytime. We love it when families share a meal with us!

Learning doesn't end at lunchtime, and our approach to nutrition is as thoughtful as our approach to reading, the arts, or anything else we teach. We're proud of that! After all, it takes a village of caring adults to raise a healthy eater!

Here's a taste of a weekly menu:

Breakfast

Oatmeal & Blueberries
Granola & Pears
Scrambled Eggs & Orange Slices
Bagel & Peaches
Toasty-Os Cereal

Lunch

Ravioli & Spinach Salad
Cheese or Veggie Burger* with Broccoli & Potato Wedges
BBQ Chicken or Sun Butter & Jelly Sandwich** with Green Beans & Corn
Fish Sandwich or Grilled Cheese* with Cucumbers & Apples

Afternoon Snack

Hummus & Pita Bread
Bananas & Yogurt
Celery Sticks & Cheese Cubes
Cheese Crackers
Sun Butter & Jelly Sandwich**

* We always provide a vegetarian option.

** We take care to not serve common allergens and can adapt menus based on your child's allergies or food sensitivities.